

# *READY FOR THE STAGE!*

## *Makeup How-To...*

### **Before and After Stage Makeup**



Dancers, even young ones, wear makeup on stage in order to make their faces and expressions visible to the audience. Makeup can emphasize facial features that would otherwise be washed out by stage lights.

Follow these simple steps to create a perfect, stage-ready face.

## Apply Foundation



Foundation is used to even out the complexion and reduce shadows from stage lights. Always apply foundation to a clean face. Choose a shade very similar to the color of the face.

Using a makeup sponge, apply an even coat of foundation to the entire face, including under the chin, onto the neck, around the ears and up to the hairline. Blend carefully to ensure an even application. Set the foundation with a small amount of powder.

## Apply Blush



Blush adds color as well as definition to the face. Choose a blush color similar to the natural color of the cheeks. Smile and apply blush to the apples of the cheeks, sweeping up and out toward the hairline. Blush should go on darker & heavier than shown in this picture.

## Apply Eye Shadow



See triangular shape at corner of eye using the darkest shade. The darkest shade should appear darker than

Apply eye shadow over the entire eyelid. Pick a color family that will make your eyes stand out on stage (**either greys or browns**), as stage lights tend to make the eyes appear smaller. Choose three complementary colors, applying the darkest shade along the eyelid crease (makes a triangle), medium shade on the eyelid, and the lightest shade under the eyebrow. Remember to slightly blend the colors together.

## Apply Eyeliner



Lining the eyes with black eyeliner makes them really stand out. Use a **waterproof black pencil eyeliner** (no liquid eyeliner).

To line the upper lid, apply a thin, straight line starting from the inner corner. Allow the line to extend beyond the natural eyelid.

To line the lower lid, start at the outer corner of the eye and draw a thin line under the lower lashes. Liner should start where the lashes begin and stop where they end on both eyelids.

Be sure to use a pencil sharpener to keep the tip of the eyeliner pointy. This avoids a choppy, uneven black line that is too thick.

## Apply Mascara



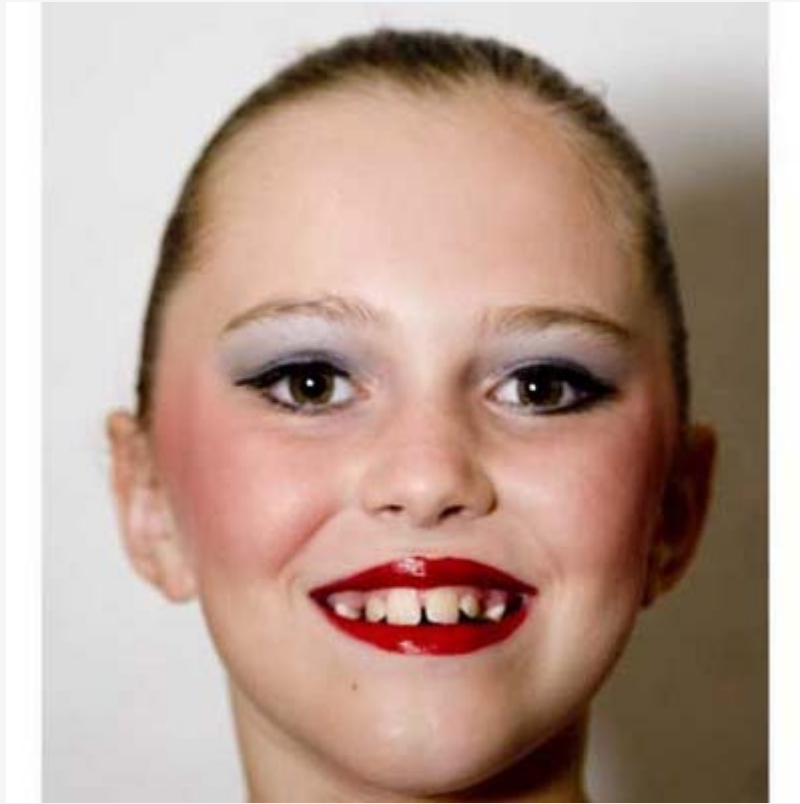
Using **waterproof black mascara**, gently sweep two coats on upper and lower lashes. (Older dancers sometimes choose to wear false eyelashes. Young dancers may achieve similar results by applying several coats of mascara after curling the lashes with an eyelash curler.)

## Apply Red Lipstick



Carefully apply **red lipstick** to the upper and lower lips. Using a **long-lasting, waterproof lipstick is best** so the dancer only has to apply it once. Also, this helps to avoid accidentally getting lipstick on a costume.

## Ready for the Stage!



After following the steps for basic stage makeup, stand back and smile. You are now ready to hit the stage. Break a leg!